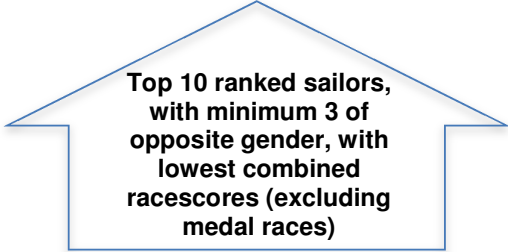


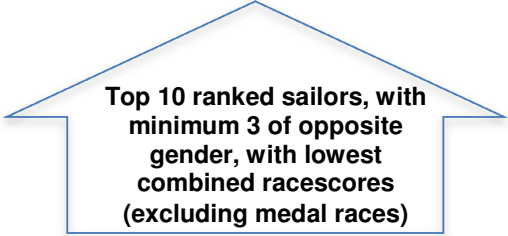


Selection Policy for Dutch Youth Regatta 2017
Workum, Netherlands
Issued 27th January 2017

Selection Process	Dutch Youth Regatta 2017 Workum, Netherlands 25 to 28 May 2017
	Selected sailors will be given <u>60% funding support</u>
	 <p>Top 10 ranked sailors, with minimum 3 of opposite gender, with lowest combined racescores (excluding medal races)</p>
	<p><u>Selection Events – To be selected in Optimist Class</u></p> <ol style="list-style-type: none">1) NSC Cup Series 1 (4 – 5 Mar 2017)2) Singapore Youth Sailing Championship 2017 (15 – 18 Mar 2017)
Notes: <ol style="list-style-type: none">1) Sailors shall be born in 2002 or later.2) To be eligible for funding, sailors shall meet the following fitness criteria on <u>25 Mar 2017, 0930hr.</u><ol style="list-style-type: none">I. 2 km: <9min 45sec (male), <10min 05sec (female)II. Pull-ups: >7 (male), Incline pull-ups: >12 (female)III. Beep test: >L9.08 (male), >L8.03 (female)IV. Sit ups: >60 (male), >35 (female)3) The guidelines in the Standard Selection Policy Document (Amended on 20 March 2014) shall apply.	
Intended travel dates: 18 to 30 May 2017	



Selection Policy for Optimist Asian & Oceania Championship 2017
Hong Kong
Issued 27th January 2017

Selection Process	Optimist Asian & Oceania Championship 2017 Hong Kong 29 Sep to 7 Oct 2017
	Selected sailors will be given <u>60% funding support</u>
	<p style="text-align: center;"> Top 10 ranked sailors, with minimum 3 of opposite gender, with lowest combined racescores (excluding medal races)</p> <p style="text-align: center;"><u>Selection Events – To be selected in Optimist Class</u> 1) Singapore National Sailing Championships 2017 (7 – 11 Jun 2017) 2) NSC Cup Series 2 (6 – 9 Sep 2017)</p>
	Notes: 1) The guidelines in the Standard Selection Policy Document (Amended on 20 March 2014) shall apply. 2) Sailors shall be born in 2002 or later. 3) To be eligible for funding, sailors shall meet the following fitness criteria on <u>03 Sep 2017, 0930hr.</u> I. 2 km: <9min 45sec (male), <10min 05sec (female) II. Pull-ups: >7 (male), Incline pull-ups: >12 (female) III. Beep test: >L9.08 (male), >L8.03 (female) IV. Sit ups: >60 (male), >35 (female)

Intended travel dates: 23 Sep to 8 Oct 2017

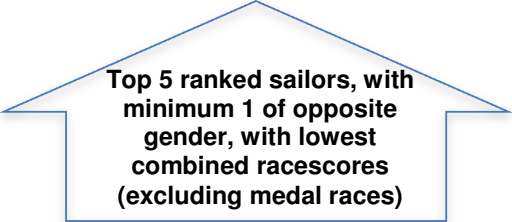


Selection Policy for Optimist European Championship 2017
Yacht Club Port Bourgas, Burgas, Bulgaria
Issued 27th January 2017

Selection Process	Optimist European Championship 2017 Yacht Club Port Bourgas, Burgas, Bulgaria 30 Jul to 6 Aug 2017
	Selected sailors will be given <u>60% funding support</u>
	<p style="text-align: center;">Top 2 ranked sailors (Born in 2002 or later) & Top boy and girl (born in 2005 or later), with lowest combined racetimes (excluding medal races)</p> <p style="text-align: center;"><u>Selection Events – To be selected in Optimist Class</u> 1) Singapore Youth Sailing Championship 2017 (15 - 18 Mar 2017) 2) Singapore National Sailing Championships 2017 (7 – 11 Jun 2017)</p>
<p>Notes:</p> <ol style="list-style-type: none">1) Sailors selected for Optimist World Championship 2017 <u>shall not be eligible</u> for selection.2) The guidelines in the Standard Selection Policy Document (Amended on 20 March 2014) shall apply.3) To be eligible for funding, sailors shall meet the following fitness criteria on <u>03 June 2017, 0930hr.</u><ol style="list-style-type: none">I. 2 km: <10min (male), <10min 20sec (female)II. Pull-ups: >5 (male), Incline pull-ups: >11 (female)III. Beep test: >L8.08 (male), >L8.03 (female)IV. Sit ups: >50 (male), >30 (female) <p>Intended travel dates: 24 Jul to 8 Aug 2017</p>	



Selection Policy for Optimist World Championship 2017
Pattaya, Thailand
Issued 27th January 2017

Selection Process	Optimist World Championship 2017 Pattaya, Thailand 11 to 21 Jul 2017
	Selected sailors will be given <u>60% funding support</u>
	 <p>Top 5 ranked sailors, with minimum 1 of opposite gender, with lowest combined racescores (excluding medal races)</p>
	<p><u>Selection Events – To be selected in Optimist Class</u></p> <ol style="list-style-type: none">1) NSC Cup Series 1 (4 – 5 Mar 2017)2) Singapore Youth Sailing Championships 2017 (15 – 18 Mar 2017)3) Singapore National Sailing Championships 2017 (7 – 11 Jun 2017)
Notes:	<ol style="list-style-type: none">1) The guidelines in the Standard Selection Policy Document (Amended on 20 March 2014) shall apply.2) Sailors shall be born in 2002 or later.3) To be eligible for funding, sailors shall meet the following fitness criteria on <u>03 June 2017, 0930hr</u><ol style="list-style-type: none">I. 2 km: <9min 30sec (male), <9min 50sec (female)II. Pull-ups: >10 (male), Incline pull-ups: >15 (female)III. Beep test: >L10.02 (male), >L8.8 (female)IV. Sit ups: >70 (male), >40 (female)
	Intended travel dates: 3 to 21 Jul 2017