

Selection Events Compete in 29er

1st Raffles Marina C'ship
30 Sep - 1 Oct

Lowest Combined Racescores

Females: Combined Weight ≥ 105 kg, 2km row $< 9:15$ min, Incline pull-up ≥ 20

Males: Combined weight ≥ 110 kg, 2km row $< 8:30$ min, pull-up ≥ 15 .

29er
Male & Female
Top ranked

Selection Events Compete in 420

NSC Cup Series 2
6 - 9 Sep

420
Male & Female
Top ranked

Selection Events Compete in Laser Radial

NSC Cup Series 2
6 - 9 Sep

1st Raffles Marina C'ship
30 Sep - 1 Oct

Lowest Combined Racescores

Female: Weight > 62 kg, 2km row $< 9:15$ min, Incline pull-up ≥ 18 , Sit-ups ≥ 30

Male: Weight > 66 kg, 2km row $< 8:30$ min, Pull-up ≥ 12 , Sit-ups ≥ 40

Laser Radial
Male & Female
Top ranked

Sailing Youth Worlds 2017, Sanya (CHN) 9 - 16 December 2017

Nacra 15
Mixed
Top ranked

Selection Events Compete in Nacra 15

SSF Selection Trials
4, 5, 11 & 12 Oct

NSC Cup 3
17 - 19 Nov

Lowest Pointscore

Combined Weight ≥ 110 kg.

Female: 2km row $< 9:15$ min, Incline pull-up ≥ 20

Males: 2km row $< 8:30$ min, pull-up ≥ 15 .

RS:X
Male & Female
Top ranked

Selection Events Compete in RS:X

Pesta Sukan Regatta
4 - 6 Aug

SSF Selection trials
30 Sep - 1 Oct

Lowest Combined Racescores

Female: Weight > 52 kg, 2km row $< 9:00$ min, pull-up ≥ 8

Male: Weight > 56 kg, 2km row $< 8:15$ min, pull-up ≥ 15

All Sailors must be born in 1999 or after. **Standard** Selection Policy Guidelines (20th March 2014) shall apply. Available on the SSF Website.

Funding Support

420: Self-Funded

*All other Classes: Up to 100%

To be eligible for funding, sailors shall meet the respective fitness criteria of each class.

Fitness test conducted at NSC on **16 September @ 10am.**