



SSF Selection Trials (20 – 21 Jan)

Laser 4.7

Laser Radial

Optimist

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 National prescriptions will apply.
- 1.3 RRS Appendix P, *Special Procedures for Rule 42*, will apply.
- 1.4 If there is a conflict between languages the English text will take precedence.

2 CAMERAS AND ELECTRONIC EQUIPMENT

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located outside the Race Control room at the National Sailing Centre.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 1 hour before the displaying of 'D' flag on the day it will take effect, except that any change to the schedule of races will be posted by 1900h on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag staff located within the boat park of National Sailing Centre. When a signal is displayed over an area flag it applies to that area only.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 5.3 Flag D with one sound means 'The warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not leave the harbour until this signal is made.'

6 FORMAT OF RACING

- 6.1 The regatta will consist of a single series.

7 SCHEDULE OF RACES

7.1 Dates of racing:

<i>Class</i>	<i>Dates</i>
<i>Laser 4.7</i>	<i>20-21 Jan</i>
<i>Laser Radial</i>	<i>20-21 Jan</i>
<i>Optimist</i>	<i>20-21 Jan</i>

7.2 Number of races:

<i>Events</i>	<i>Total races</i>	<i>Max Races per day</i>
<i>Laser 4.7</i>	<i>8</i>	<i>5</i>
<i>Laser Radial</i>	<i>8</i>	<i>5</i>
<i>Optimist</i>	<i>8</i>	<i>5</i>

7.3 The scheduled time of the warning signal for the first race each day is 1100hours.

7.4 A skippers meeting will be held one and a half hours before the scheduled first race each day in the National Sailing Centre auditorium.

7.5 Laser Radial trials will be held in conjunction with the Asian Games Laser Radial trials. All Laser Radial competitors will share the same start.

8 CLASS FLAGS

Class flags will be:

<i>Event</i>	<i>Class Insignia</i>	<i>Background colour</i>
<i>Laser 4.7</i>	<i>Flag 'T'</i>	<i>-</i>
<i>Laser Radial</i>	<i>Laser</i>	<i>Yellow</i>
<i>Optimist</i>	<i>Optimist "Blue"</i>	<i>Yellow</i>

9 RACING AREAS

9.1 Attachment 1 shows the location of racing areas.

9.2 Classes are assigned to racing areas as follows:

<i>Area A</i>	<i>Area B</i>
<i>Lasers</i>	<i>Optimist</i>

10 THE COURSES

10.1 For all classes except the Optimist course, the diagrams in Attachment 2 show the courses, including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.

- 10.2 For the Optimist course, , the diagrams in Attachment 3 show the courses, including the course signals, the order in which marks are to be passed, and the side on which each mark is to be left.

11 MARKS

- 11.1 Marks 1, 2, 3 and 4, or associated gate marks, will be as follows:

Area	Marks 1, 2, 3s, 3p, 4s, 4p	New Mark	Starting line mark	Finishing line mark	Offset Mark
A	Yellow Conical	White Spherical	Pink Spherical	Blue Spherical	-
B	Yellow Cylindrical	White Spherical	Pink Spherical	Blue Spherical	Pink Spherical

- 11.2 New marks, as provided in instruction 13.1, will be a white mark.
- 11.3 The starting line will be a race committee signal boat at the starboard end and a buoy at the port end.
- 11.4 The finishing line will be a race committee boat and a buoy.
- 11.5 A race committee boat signalling a change of a leg of the course is a mark as provided in instruction 13.2.

12 THE START

- 12.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.
- 12.2 For all classes, the starting line will be between a staff displaying an orange flag on the committee boat at the starboard end and a pink mark at the port end.
- 12.3 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 12.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

- 13.2 Except at a gate, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes RSS 28.

14 THE FINISH

The finishing line will be between a staff displaying a blue flag on the finishing boat at the port end and a blue mark on the starboard end, except if the finish leg is an upwind leg, whereby the finishing boat will be at the starboard end and a blue mark on the port end.

15 PENALTY SYSTEM

- 15.1 Appendix P will apply as changed by SI 15.2.
- 15.2 RRS P2.3 will not apply and RSS P2.2 is changed so that it will apply to any penalty after the first one.

16 TIME LIMITS AND TARGET TIMES

- 16.1 The time limits and target times are as follows:

<i>Class</i>	<i>Time Limit</i>	<i>Mark 1 Time Limit</i>	<i>Finish Window</i>	<i>Target Time</i>
<i>All Classes</i>	<i>70min</i>	<i>20 min</i>	<i>20 min</i>	<i>50 min</i>

- 16.2 Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Add to rule 61.1(a) "The protesting boat shall inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing."
- 17.2 Protest forms are available at the race office, located at the Race Control Office at National Sailing Centre. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 17.3 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day, after instruction 16.1 has been applied to that race, or the race committee signals no more racing today, whichever is later.
- 17.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at second story of the National Sailing Centre, beginning at the time posted.

- 17.5 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 17.6 A list of boats that have been penalized under Appendix P for breaking rule 42 will be posted.
- 17.7 Breaches of instructions 2, 5, 12.4, 19, 23, 24, 25, 26 and 27 will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 17.8 On the last scheduled day of racing a request for reopening a hearing shall be delivered
- (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
 - (b) no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.
- 17.9 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 17.10 Decisions of the protest committee will be final as provided in rule 70.5.

18 SCORING

- 18.1 Three races are required to be completed to constitute an event.
- 18.2 (a) When fewer than 5 series races have been completed, a boat's series score will be the total of her race scores.
- (b) When 5 or more series races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.3 To request correction of an alleged error in posted race or series results, a boat may complete a scoring enquiry form available at the race office.

19 SAFETY REGULATIONS

- 19.1 Check-Out and Check-In Procedures:

Each boat shall personally sign-on on the forms provided at the Race Office prior to launching. After arriving on shore, each boat shall personally sign-off on the forms provided within the protest time limit.

- 19.2 All competitors shall wear personal flotation devices at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

- 19.3 A boat that retires from a race shall notify the race committee as soon as possible.

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors will not be allowed without prior written approval of the race committee.
- 20.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

22 OFFICIAL BOATS

- 22.1 Official boats will be marked as follows:
- First aid/Medical – White flag with Red Cross
 - Jury/Judges – White flag with letter “J”
 - Organisers/VIP – White flag with letter “VIP”
 - Race Committee – Yellow flag with black letter corresponding to course area
- 22.2 Actions by official boats or helicopters shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).

23 SUPPORT BOATS

- 23.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first fleet to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 23.2 Skippers of any support boat shall personally sign on and off at the race control office each race day. Each boat will be issued a green flag with a corresponding course letter to be displayed on a staff attached to the support boat. Boats not displaying the flags shall not enter the racing areas.

24 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

25 BERTHING

Boats shall be kept in their assigned places in the boat park

26 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

27 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

29 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

Attachment 1



Attachment 2

L

Signal	Mark Rounding Order
L 1	Start - 1 - Finish
L 2	Start - 1 - 4s/4p - 1 - Finish
L 3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L 4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish

LU

Signal	Mark Rounding Order
LU 1	Start - Finish
LU 2	Start - 1 - 4s/4p - Finish
LU 3	Start - 1 - 4s/4p - 1 - 4s/4p - Finish
LU 4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - Finish

O

Signal	Mark Rounding Order
O 2	Start - 1 - 2 - 3p - 2 - 3p - Finish
O 3	Start - 1 - 2 - 3p - 2 - 3p - 2 - 3p - Finish
O 4	Start - 1 - 2 - 3p - 2 - 3p - 2 - 3p - 2 - 3p - Finish

I

Signal	Mark Rounding Order
I 2	Start - 1 - 4p - 1 - 2 - 3p - Finish
I 3	Start - 1 - 4p - 1 - 4p - 1 - 2 - 3p - Finish
I 4	Start - 1 - 4p - 1 - 4p - 1 - 4p - 1 - 2 - 3p - Finish

Attachment 3

