



SINGAPORE NATIONAL YOUTH SAILING CHAMPIONSHIP Optimist Team Racing Event 2019

17 – 18 March 2019

Singapore Sailing Federation
National Sailing Centre, SGP

SAILING INSTRUCTIONS

[DP] denotes a rule for which the penalty is at the discretion of the Protest committee. This changes RRS 64.1.

[NP] denotes that a breach of this rule will not be grounds for a protest by a boat. This changes RRS 60.1(a).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Appendix D – Team Racing Rules will apply.
- 1.3 Racing will be umpired (RRS D2.1). The one-flag protest procedure will apply (RRS D2.2).
- 1.4 The Preamble to RRS Part 4 and RRS 40 is changed to require personal flotation devices (PFD's) to be worn at all times when afloat, except when changing clothing.
[NP]
- 1.5 If there is a conflict between languages the English text will take precedence.

2 CAMERAS AND ELECTRONIC EQUIPMENT [DP][NP]

Boats may be required to carry cameras, sound equipment or positioning equipment as specified by the organizing authority. Information from this equipment shall not be used by a boat as evidence in a hearing. This changes RRS 63.6.

3 NOTICES TO COMPETITORS

- 3.1 Notices to competitors will be posted on the official notice board located outside the Race Control room at the National Sailing Centre.
- 3.2 Sailing Instructions may be changed orally by the Race Committee and/or the Umpires before the warning signal, when flag L is displayed. It is the responsibility of each team to obtain any oral instructions given. These changes will also be communicated to the coaches and posted on the official notice board at the end of that day's racing.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted at least 1 hour before the displaying of “L” flag on the day it will take effect, except that any change to the schedule of races will be posted by 1900h on the day before it will take effect

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flag staff located within the boat park of National Sailing Centre.
- 5.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30minutes’ in the race signal AP
- 5.3 Flag D with one sound means ‘The warning signal will be made no less than 30 minutes after flag D is displayed. Boats shall not leave the harbour until this signal is made.’.

6 FORMAT OF RACING

The format will be either:

- A. In the case of 8 teams of less, a double round robin format
 - B. In the case of over 8 teams, the teams will be broken into two groups
 - (b) Each team will race once against the other teams in their groups.
 - (c) The top 2 teams from each group will advance to the semi-finals where they will be seeded based on the number of race wins from the round robin stage.
 - (d) The semi-finals and finals will be a best of 3 race format.
 - (e) There will also be a petite final to determine the 3rd place team.
- 6.4 The grouping of teams for both format of racing will be done by coaches from Singapore, Hong Kong, and USA.

7 SCHEDULE OF RACES

<i>Class</i>	<i>Dates</i>
<i>Optimist Team-Racing</i>	<i>17-18 March</i>

- 7.3 The scheduled time of the warning signal for the first race each day is 11:00.
- 7.4 A competitors’ meeting will be held one and a half hours before the scheduled first race each day in the National Sailing Centre auditorium.

8 CLASS FLAGS

<i>Event</i>	<i>Class Insignia</i>	<i>Background colour</i>
<i>Optimist</i>	<i>Optimist</i>	<i>White</i>

9 RACING AREAS

- 9.1 The Team Racing course will be in Area B. Attachment C shows the location of racing areas.

10 THE COURSES

- 10.1 The course will be a starboard-hand rounding inverted "S". An illustration of the course configuration is found in Attachment D.
- 10.2 The Race Committee may move marks of the course at any time. RRS 33 will not apply. The moving of a mark by the Race Committee will not be grounds for a boat to request redress. This changes RRS 60.1(b).
- 10.3 Courses will not be shortened. This changes RRS 32.

11 MARKS

- 11.1 Marks 1, 2, 3 and 4, will be as follows

Area	Marks 1, 2, 3, 4	Starting line mark	Finishing line mark
B	Pink Spherical	Blue Spherical	Blue Spherical

12 THE START

- 12.1 Races shall be started using RRS 26 with the warning signal made 3 minutes before the starting signal.

12.2

Signal	Mins Before Starting Signal	Sound Signal	Visual Signal
Warning	3	One	Class Flag displayed
Preparatory	2	One	"P" flag displayed
One-Min	1	One	"P" flag removed
Starting	0	One	Class Flag removed

- 12.3 The starting line will be between a staff displaying an orange flag on the committee boat on the starboard end and a starting mark on the port end.
- 12.4 The race number of the teams to start will be displayed on the stern of the committee boat before the warning signal. When the race number is displayed in this way, it overrides all prior communications, schedule or instructions. The Race Committee may at any time remove a particular race from the published sequence of races and run it at a later time.
- 12.5 Individual recalls will be made in accordance with RRS 29.1 except that flag X will be displayed for up to 2 minutes. This changes RRS 29.1
- 12.6 Boats may approach the starting line only after the race number with their team's number has been displayed. Boats that have finished shall return directly to the waiting area or ashore, keeping well clear of all boats racing and of all boats whose warning signal has been made. **[NP] [DP]**
- 12.7 The waiting area windward boundary will be designated by yellow spherical buoys.

13 BLANK

14 THE FINISH

The finishing line will be between a staff displaying a blue flag on the finishing boat on the starboard end and the finishing mark on the port end.

15 TIME LIMIT AND ABANDONMENT

15.1 The time limit for each race will be 20 minutes.

15.2 The Race Committee may abandon a race for any reason. This changes RRS 32.

15.3 Abandonment may be signalled orally by the Race Committee and/or the Umpires. Abandoned races may be re-sailed, and if so, a new warning signal will be made as soon as practical. This changes RRS 32 and Race Signals.

16 UMPIRING AND FLAGS

16.1 The event will be umpired in accordance with Appendix D as modified by these Sailing Instructions.

16.2 The required red protest flag shall be attached to the competitor, clothing or PFD and it must be capable of being deployed at arm's length where it is easily visible to the protested boat and Umpires and concealed when the incident is closed.

17 PROTESTS AND REQUESTS FOR REDRESS

17.1 For protests and requests for redress other than protests under a rule listed in rule D2.2(a), competitors shall inform an Umpire or the Race Committee as soon as reasonably possible upon finishing. The Umpires will, when appropriate, hear protests and requests for redress while afloat.

17.2 A boat requesting redress shall promptly display a red flag and inform the Umpire.

17.3 The protest time limit for competitors is two minutes after finishing the race. The protest time limit for jury and Race Committee is 60 minutes after the last race of the day.

17.4 A hearing may be declined if it is not relevant to progress to the next round. This changes RRS 63.1. Protest and request for redress may be heard on the water

17.5 When a hearing ashore is necessary, the schedule will be published no later than 30 minutes after the end of the protest time limit.

17.6 Decisions of the protest committee will be final as provided in RRS 70.5.

17.7 Breaches of class rules will not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

18 SCORING

18.1 OCS boats will be deemed to have gained an advantage under RRS D3.1(b).

18.2 An OCS boat will have 10 additional points added to her score.

19 SAFETY REGULATIONS [DP][NP]

19.1 Check-Out and Check-In Procedures:

Each boat shall personally sign-on on the forms provided at the Race Office prior to launching. After arriving on shore, each boat shall personally sign-off on the forms provided within the protest time limit.

19.2 All competitors shall wear personal flotation devices at all times whilst afloat, except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40.

19.3 A boat that retires from a race shall notify the race committee as soon as possible.

20 REPLACEMENT OF CREW OR EQUIPMENT [DP][NP]

20.1 Substitution of competitors will not be allowed.

20.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS [DP][NP]

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee, equipment inspector or measurer to proceed immediately to a designated area for inspection.

22 OFFICIAL BOATS

22.1 Official boats will be marked as follows:

- Equipment Inspection – White flag with letter “M”
- Umpire – White flag with letter “J”
- Media – White flag with letter “P”
- Race Committee – Yellow flag with black letter corresponding to course area
- Rescue or Course Marshals – Pink flag with numbering

22.2 Actions by official boats, drones or helicopters shall not be grounds for requesting redress by a boat. This changes RRS 60.1(b).

23 SUPPORT BOATS

Regatta Support Vessel Regulations shall apply as prescribed in NOR Attachment 3.

24 TRASH DISPOSAL [NP]

Trash may be placed aboard support or official boats.

25 BERTHING [DP][NP]

Boats shall be kept in their assigned places in the boat park

26 RADIO COMMUNICATION [DP][NP]

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

27 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

28 BLANK

29 RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

30 INSURANCE *[DP][NP]*

Each participating boat shall be insured with valid third-party insurance.

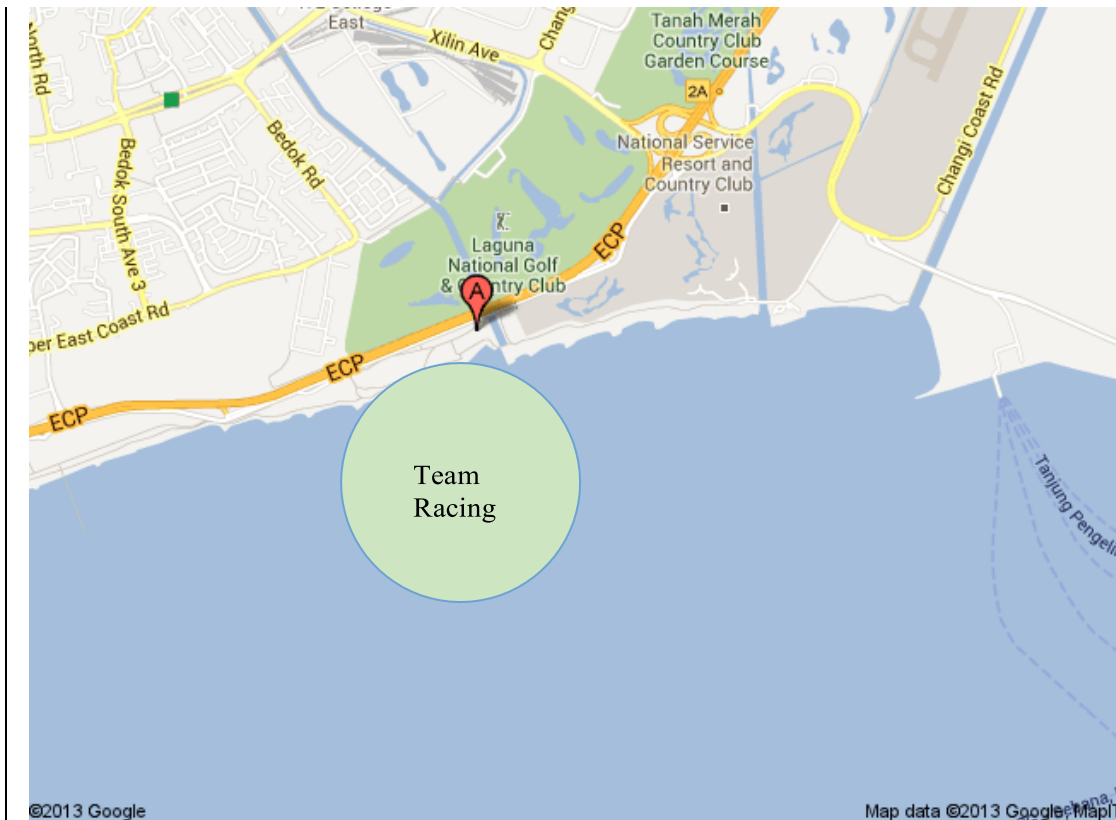
Attachment A - Teams

Group A	Group B
Team 1	Team 7
Team 2	Team 8
Team 3	Team 9
Team 4	Team 10
Team 5	Team 11
Team 6	Team 12

Attachment B

Group A	Race 1 (a)	Race 2 (a)	Race 3 (a)	Race 4 (a)	Race 5 (a)
Start 1	1v2	1v3	1v4	1v5	1v6
Start 2	3v4	2v5	3v5	2v4	2v3
Start 3	5v6	4v6	2v6	3v6	4v5
Group B	Race 1 (b)	Race 2 (b)	Race 3 (b)	Race 4 (b)	Race 5 (b)
Start 4	7v8	7v9	7v10	7v11	7v12
Start 5	9v10	8v11	9v11	8v10	8v9
Start 6	11v12	10v12	8v12	9v12	10v11

Attachment C – Regatta Centre Location



Attachment D - Course

