

spexScholarship

The Sports Excellence Scholarship (spexScholarship) provides an enhanced level of support for athletes within the HPS pathway.

This includes financial and programme support to prepare athletes to excel at the Major Games at Asian and World levels.

Besides developing the athletes sporting potential, the spexScholarship will also assist athletes in their education, career, and personal development with the aim of developing role models for Singapore's youth and playing leadership roles in their respective communities.

The spexScholarship supports talented athletes along the pathway at the different tiers:



ELIGIBILITY & SELECTION CRITERIA

ELIGIBILITY

In order to be eligible for the spexScholarship, athletes must be:

- Singapore citizens who are of good character
- spexCarded athletes endorsed by their NSA
- Demonstrate potential for further development along the HPS Pathway
- Able to commit to the demands of a full-time training load
- In medal contention for major games and world level events

ASSESSMENT CRITERIA

a. Training commitment:

Training volume profile (> 12 months) of the athlete will be benchmarked against the volume of a full-time training load specific to their sport (typically 10-12 sessions per week, 20-30 hours per week)

b. Sports Performance:

Sports performance track record (>12 months) will be benchmarked against the standards of the medallists (Gold, Silver and Bronze) at the respective major Games. For example, an athlete at the Asian Games level will be benchmarked against the standards at the Asian Games or equivalent competition.

c. Attitude and Behaviour:

This will come in the form of character reference from Coaches / administrators / peers and, if necessary, independent character reference. SSI Sport Psychologists will also be present during the interview sessions.

d. Performance and Laboratory Tests:

Such tests will be conducted only when necessary and on a case-by-case basis. For example, aerobic capacity tests to differentiate the potential between two endurance athletes; cognitive performance and motor skill tests for skill-based sports.

NOMINATION & SELECTION PROCESS

A. WHO CAN NOMINATE?

The spexScholarship is open each year to nominations by any NSA. Concurrently SSI may also nominate exceptional sporting talents identified through the talent-ID programme.

Self-nominations will not be considered.

B. SELECTION PROCESS

All eligible nominations will be evaluated by HiPAL, SSI and potential candidates shortlisted. An Interview Panel made up of a pool of sport specialists including 3 core members from SSI, will then interview the shortlisted candidates.

The Interview Panel's recommendations for inclusion into the spexScholarship Program will go to a SportSG spexScholarship Committee and then ratified by the High Performance Sport (HPS) Steering Committee.

C. NOMINATION PERIOD

Each year, the spexScholarship is open to nominations by any NSA. For FY 2020, the nomination period is closed (29 July to 13 September 2019)

HOW TO APPLY

ATHLETE STEP 1:

Go online to:

<https://www.sportsingapore.gov.sg/Athletes-Coaches/Singapore-Sport-Institute/High-Performance-Sport/High-Performance-Planning> and download a copy of the following:

- i. spexScholarship Nomination Form – Part A
- ii. spexScholarship Nomination Form – Part B
- iii. NSA Readiness Assessment Form – Part C

(Type or write directly into the fields of the forms. Upon completing all the fields, print and sign the forms accordingly.)

ATHLETE STEP 2:

Complete Nomination Form - Part A.

- i. Save and submit softcopy of your completed nomination form to your NSA
- ii. Print 2 hardcopies of your completed nomination form, keep 1 copy for your own reference and submit 1 signed copy (sign under Section H) to your NSA by the deadline given.

ATHLETE STEP 3:

Complete Nomination Form – Part B, Section A (Nominee Details) and send softcopy to your coach to complete and send to your NSA by the deadline given.